



Clarion Poodles

(209) 368-9069 ~ FAX (209) 369-3933

info@clarionpoodles.com

Diet – Your Dog is truly what it Eats

We feel strongly that a good natural diet made with quality ingredients will prevent many health problems in your dog's life, e.g.; ear infections, skin problems, cancer, arthritis and give them longer healthier lives. Amounts to feed your puppy change with time. Your puppy always needs to leave food in his bowl when he is finished with his meal. If he is eating all his food, that means you need to feed more. Always keep a close eye on weight & appetite, especially the younger or smaller they are. Always, have fresh water available. It is fine to feed something different at each meal. Morning: Cottage Cheese, Lunch: Soaked Kibble & Meat, Dinner: egg, sardine, cheese ect. A good rule of thumb is 80% proteins to 20% fruits n' vegetables.

Feeding Your Puppy:

Suggested Ratio: Feed 3 parts soaked puppy kibble to 1 part meat . Add in 2-3 items from the Additional Foods List. IE: Yogurt & Scrambled Egg OR Cottage Cheese & Sweet Potato. Add Oil and Vitamin Supplement daily.

Kibble:

- Royal Canin Mini Puppy (Toy Babies: Always soak puppy kibble)
- Taste of the Wild - High Prairie Puppy Formula with Roasted Venison & Bison

Meat:

- Ground Meat (Cheap) cooked in a little water to make a broth for soaking the kibble OR
- ½ Holistic Recipe below mixed with ½ soaked Kibble OR
- Primal (Raw for Mini Puppies)

Additional Food Suggestions for your puppy:

Cottage cheese – regular, not non-fat

Eggs – 1 Cooked, 3-4x's week

Raw Egg Yolk – In place of cooked egg

Yogurt – Plain Whole (cow, goat or sheep) & contains active cultures. 1 Tablespoon 3-4 x's per week.

Cheddar cheese – Diced, 2-3 Tablespoons, 3-4 x's per week. More often for toy puppies

Sweet Potato, Zucchini & other Vegetables n' Fruits – Cooked/Raw. 3-4 x's per week.

Sardines, Mackerel, Salmon or White Fish – 2 x's week.

Fed Under Supervision & Not as Part of the Regular Meal

Beef Marrow Bones – Once weekly.

Supplements

Missing Link Puppy Health of Liquid Infant Vitamins

Oil (Olive, Coconut or Fish)

Example Recipe for Holistic Feeding:

(Group 1)

3 lbs Meat (Raw Ground Beef [cheap stuff for fat content], Chicken, Turkey, Lamb, White Fish [broiled and deboned]) (Mix up your choices)

¾ lb Organ meat (liver, tripe, heart, kidney – chopped or ground)

1 1/3 C Total Cereal

1 ½ C Uncooked Rolled Oats

2 C Cooked Lentils, Chopped Tofu

1 C Fruit (Chopped Apples, Blueberries, Pears... Be Careful. NO Seeds.

4 Raw Egg Yolks

6 T Wheat Germ (can split up w/ Ground Flax Seed)

2 Packs Knox Gelatin

4 T Oil (olive, coconut)

4 T Unsulfured Molasses

(Group 2)

1 C Uncooked Rice, Barley or other grain

2 C Frozen vegetables (carrots, peas, ...)

1 C Whole Broccoli put through food processor, grated Zucchini, Sweet Potato, Chopped Kale

2 C water

Group 1: Mix all ingredients together and add water as needed to a meatloaf consistency. Cook Group 2 in a rice cooker and when done mix into Group 1. Separate into meatball sized meals appropriate for the dog, place on a baking sheet greased with olive oil and cook for 25 min at 350. Freeze food and thaw as needed. This should feed a toy poodle for about two weeks.



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What Foods are Best & Why:

We recommend Organic and Free Range food. Organically raised animals have been shown to be significantly healthier than their factory-raised counterparts. Free of antibiotics, added hormones, GMO feed and other drugs. And are NOT forced to be cannibals, which is practiced here in the U.S.

LIVER - Or any other organ meat; heart, kidney or tripe. Dogs must have organ meat weekly – lack of taurine – an amino acid abundant in hearts can cause dogs to seizure.

RAW EGG YOLK – Boiled or scrambled eggs are fine too. Be sure you use egg yolks from chickens fed free range - it will say so on the box. I highly recommend one egg daily to all dogs.

SARDINES (IN OLIVE OIL), MACKEREL, SALMON – Dogs love it - it's very, very good for your dog and a nice change now and then.

RAW or COOKED VEGETABLES – cooked sweet potatoes (great food for dogs)—carrots, or broccoli stems, or any vegetables you like or are in season like cauliflower, brussel sprouts, avocados, pumpkin, squash, peas, beans, etc. Crush raw vegetables in your Cuisinart or blender – a good way is pulp from your juicer – you drink the juice – mix pulp in dog's food. Fruits are excellent, apples, pears etc, it's best to steam vegetables. Then crunch and feed to dog. Raw, cooked or steamed vegetables are all ok!

COTTAGE CHEESE – Regular, not Non-fat. It is an excellent source of calcium, phosphorus, protein and vitamins. Cottage cheese is a cheap, and easy way to get more protein in your dog's diet. The protein in cottage cheese is different than that of the whole milk, so you don't have to worry about digestion. Cottage cheese does not have to be cooked or measured exactly, so it is an easy way to give your dog some extra protein.

YOGURT – Plain Whole cow, goat or sheep and check the label to be sure it contains active yogurt cultures (active L. acidophilus). As a supplement, it is a natural source of calcium, yogurt contains a strain of lactobacillus acidophilus (L. acidophilus) which is a "probiotic," or healthy bacteria. L. acidophilus naturally inhabits both the intestinal tract, and it does several good things for dogs (and us, as well). It assists in both folic acid and niacin production, which are both necessary for good health, It also helps remove amino acids (protein building blocks) from bile acids in the digestive system. It also helps to soothe upset stomachs in sick animals.

FAST YOUR ADULT DOG ONE DAY WEEKLY – It is very healthy to fast your dog one day a week, **after he is one year old & in good health.**

*Any of the above foods are excellent for your dog – vary his diet so it is not the same every day. Fasting your dog one day a week is good for him. Feed raw meaty bones. Give him your table scraps, except highly spiced or salty food. **Any dog under 1 year should get all he wants to eat at least 2x daily while still growing.** Adjust amount of food to your dog's activity level; do not let him get fat. Dogs should eat a minimum of 80% meat, 20% vegetables and/or fruits (boiled sweet potatoes are fine) – easy to remember. Only use a first class dog food like Taste of the Wild, or Orijen **BUT no more than three-quarters of their meal.** The best kibbles do not contain grains of any kind, soy or dairy products.*

Recommendations:

Many companies will provide feeding choices in Kibble, canned, Raw and dehydrated forms.

Kibble

We always recommend that half of the diet should always be based on whole foods.

Taste of the Wild (<http://www.tasteofthewildpetfood.com/>)

Royal Canin Mini Puppy (<http://www.royalcanin.us/>)

Canidae (<http://www.canidae.com/>)

Raw & Dehydrated (Pre-packaged Raw foods make feeding a snap.)

Primal (<http://www.primalpetfoods.com/>)

Addiction (<http://www.addictionfoods.com/>)

The Honest Kitchen (<http://www.thehonestkitchen.com/>)

Nature's Variety Instinct (<http://www.naturesvariety.com/InstinctRaw/dog>)

Supplements

Missing Link (<http://www.missinglinkproducts.com/>)

Nordic Naturals Omega-3 Pet

Alaska Naturals Wild Salmon Oil